



Aoife Noone,

Cyber Security and Mindset Expert

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THINK SMART - COMMUNITY TALK FOR PARENTS AND GUARDIANS

Hosted by



BOOKING LINK
HERE

"THINK SMART"

AWARD WINNING CYBERSAFETY AND MINDSET TALK

WITH AOIFE NOONE

& SPECIAL GUEST SPEAKER ELAINE QUINN, SOLAS PLAY THERAPY



Mon June 16th 2025

7:30PM- 9 PM



HRC MOUNTBELLEW, H53VN50

ALL LOCAL PRIMARY AND POST-PRIMARY SCHOOL PARENTS AND TEACHERS , AND ALL LOCAL CLUBS AND ORGANISATIONS COACHES WHO WORK WITH CHILDREN AND YOUNG ADULTS, ARE INVITED AND WELCOME TO JOIN



THINK SMART
CYBER

PARENTS TALK: ONLINE SAFETY FOR CHILDREN

DURATION: 1.5 HOUR

EMPOWER PARENTS WITH THE AWARENESS AND TOOLS TO HELP SAFEGUARD THEIR CHILDREN ONLINE, REDUCE STRESS AND PROTECT THEIR POTENTIAL.

LEARNING OUTCOMES:

AWARENESS OF CURRENT THREATS AND TRENDS

- Dangers of smart devices, social media and online gaming
- Top risks for children using devices including mental health impact
- Understand the impact on your child's education
- Ways for parents to cope with their child's anxiety symptoms



PROTECTING YOUR CHILD ONLINE

- Why you need to monitor your child's smart devices
- Understand the serious consequences now occurring from unmonitored and unrestricted online access.
- Top tips to help secure smart devices, apps and game consoles





SPECIAL GUEST :

ELAINE QUINN:

CHILD & ADOLESCENT THERAPIST AND PARENTS MENTOR

<http://solasplaytherapy.ie>

INSIGHTS ON THE NIGHT:

- The impact of screentime and social media on the developing brain
- Strategies and interventions to enable parents to support their child in navigating the online world.

